



Bonnie May treated patient Emma Drake, who turns 5 this month. Emma's mother, Aureli Drake, said Emma began receiving treatments for her aller-

gies about a month ago and is breathing better at night with no more runny nose in the mornings.

PRICE CHAMBERS, THE GAZETTE

By **BILL RADFORD**  
THE GAZETTE

The ad is simple, just these four words — “No more sick kids” — plus Bonnie May’s Web site and phone number.

The ad that appeared in *The Gazette* recently is not a promise, but a hope, May says. And it’s a goal that May, a Colorado Springs chiropractor, thinks chiropractic can help accomplish.

Aureli Drake was intrigued enough by the ad to call. She then took her daughter to see May, joining what the International Chiropractic Pediatric Association says is a growing number of parents seeking chiropractic care for their children.

Drake’s daughter, Emma, who turns 5 this month, has allergies. Drake gives her medicine when Emma’s allergies are at their worst, but says, “It’s really not healing the body. I just thought, she needs something else.”

Her sessions with May seemed to have cleared up Emma’s allergies, Drake says. “Usually my daughter has a runny nose every morning and she’s sneezing all the time.”

Chiropractic is based on the premise that spinal misalignments, called subluxations, impair nerve function and overall health. Chiropractors, who are

# Chiropractic for kids

Drug-free  
treatment  
is the draw

not physicians and do not perform surgery or prescribe medications, perform hands-on adjustments to correct those misalignments.

“What chiropractic is doing is reducing interference in the nervous system so the body can function better,” May says.

Colic, allergic reactions and chronic infections are among conditions that often can be traced to nerve-system stress, says Jeanne Ohm, executive coordinator for the International Chiropractic Pediatric Association.

People commonly associate chiropractic with the treatment of adults

and “cracking the back,” Ohm says. But attitudes are changing, she says.

“Twenty-five years ago, most parents would look at me like, ‘Why would my child need chiropractic care?’” Now parents, in line with a general movement toward more holistic and drug-free treatments, seek out chiropractic care for their kids, she says.

Chiropractors often work in tandem with pediatricians, Ohm says. Those physicians who reject chiropractic, she says, generally are “old school” and don’t understand what it’s about.

## RESOURCES

**Bonnie May,**  
108 E. Cheyenne  
Road, Suite 105  
www.drbonniemay.com.  
444-0700

**Daniel Perkins,**  
2201 N. Weber St.  
www.dr-perkins.com  
471-4481

**The International Chiropractic Pediatric Association** has an online directory of its members at [www.icpa4kids.com](http://www.icpa4kids.com). 1-610-565-2360

**Colorado Board of Chiropractic Examiners,**  
[www.dora.state.co.us/chiropractic](http://www.dora.state.co.us/chiropractic).

The board is part of the state Division of Registrations, 1-303-894-7762.

**American Academy of Pediatrics,**  
[www.aap.org](http://www.aap.org)  
1-847-434-4000