

# Big Ambition for Little Patients

Bonnie May, DC, had a big ambition as a child – she wanted to cure diabetes. Growing up watching her sister ailing from the disease inspired May to find a way to bring relief to those afflicted.

“My mother subscribed to a lot of medical journals and I read an article about a diabetic boy in Michigan who was treated by a chiropractor and subsequently able to discontinue insulin injections. After that, the chiropractic seed was planted in me,” says May.

Since then, May has banked more than 30 years of experience as a chiropractor and has been a strong supporter of women in the profession. She has helped the World Congress of Women Chiropractors put together scholarship programs for female chiropractic students, which are available through every chiropractic college in the United States.

“Being able to meet women chiropractic students is absolutely exciting and stimulating. They love our stories of Parker Seminars from many years ago, and they ask many interesting questions about what it is like to be a female DC. Some of the young girls I treated many years ago have become chiropractors and now I get to see them as healers in this wonderful profession,” says May.

One of May’s main focuses in her practice is the treatment of infants and children. Throughout her years of experience, May has seen chiropractic alleviate everything from colic and ear infections to chronic cough and growing pains in children. She feels so passionate about what chiropractic can do for children that she wrote a book in 2006 entitled *First Heal the Children ... and the Planet Will Follow* so that parents would be aware of the benefits of chiropractic treatment at an early age.

“I found that so many of the common problems parents face with infants all responded to chiropractic adjustments. It became imperative that this be shared



PHOTO SUBMITTED BY BONNIE MAY, DC

Bonnie May, DC, with grandson Sam Boyer, pictured at 14 months old, whom she treats when she visits him at his home in Iowa.

with the world,” says May.

The following is an excerpt from Chapter 12, Caring for Infants:

*Imagine now if you will. You have had a normal healthy pregnancy, the way Mother Nature intended, and, of course, your baby is born without complications. Even so, the*



PHOTO BY SUBMITTED BY BONNIE MAY, DC

Bonnie May, DC, adjusting a two-year-old child that she regularly treats. May's practice focuses on treating children.

“ I found that so many of the common problems parents face with infants all responded to chiropractic adjustments. ”

—Bonnie May, DC

*first thing you must do is have your child checked for vertebral misalignment. This is vital because pediatricians are not trained to do this. Only chiropractors are trained to evaluate vertebral alignment and to correct problems.*

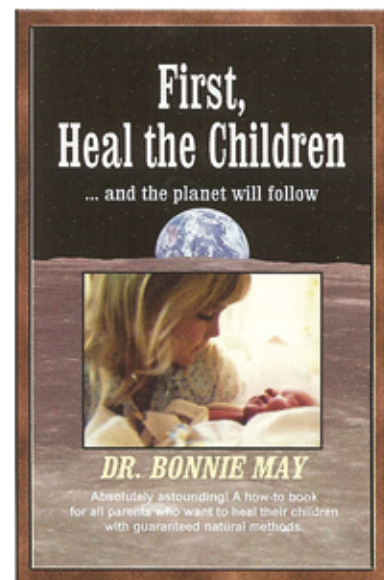
*One mother brought in her thirteen-month-old boy because he was having as many as fifty seizures a day. He had been born with the cord around his neck, which happens and doesn't always mean trouble. However, this little fellow began to have seizures soon after birth. According to his mother, the best doctors had examined the boy but were unable to offer an explanation for his frequent seizures. The doctors had prescribed Phenobarbital, which can cause permanent brain damage over the long term. On the first visit, I palpated the boy's neck and back as he sat on his mother's lap. I found misaligned vertebrae in his upper back and upper neck. I used my adjusting instrument, called "the*

*Activator," to make gentle corrective adjustments to these areas. On his next visit the mother reported that the boy had had only three seizures since his first adjustment. I made corrective adjustments every other day for a week. On his third visit, the mom reported that she had taken the boy to his pediatrician, who suggested that she continue with his chiropractic care because it seemed to be helping. After his seventh visit and adjustment, he never had another seizure. Now doesn't that story deserve a front-page headline? I think so.*

May was awarded Woman Chiropractor of the Year in 2007 for her vast experience and her efforts in supporting women in chiropractic.

"Chiropractic has kept me - as well as all my friends and family - healthy. It doesn't get better than that," says May.

—Rebecca Adamson



## BONNIE MAY, DC

**Achievements:** Author of *First Heal the Children... and the Planet Will Follow* and Woman Chiropractor of the Year, 2007

**Clinic:** May Chiropractic, P.C. in Colorado Springs, Colo.

**Policyholder Since:** 2003

**College Attended:** Palmer College of Chiropractic

**Year Graduated:** 1974